

Stage 3	Week 1					Week 2					Week 3					Week 4					Week 5				
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast club																									
AM 10am to 1pm		Non-substance Behavioural Addictions		Physical supportin g primary group			S8S20		Physical supportin g primary group			Contemp orary Practices in Addiction Treatment			Physical supportin g primary group			S9S21		Physical supportin g primary group			12 Steps and CBT		Physical supportin g primary group
Afternoon 2pm onwards																									
PM		Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm			Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm			Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm				Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm			Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm
Stage 3	Week 6					Week 7					Week 8					Week 9					Week 10				
	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast club																									
AM 10am to 1pm		S10S22		Physical supportin g primary group			Not Mad, or Bad, But Sick (The Disease Concept)		Physical supportin g primary group			S11S23			Physical supportin g primary group			Rebuildin g Relationships in recovery		Physical supportin g primary group			S12S24		Physical supportin g primary group
Afternoon 2pm onwards																									
PM		Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm			Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm			Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm				Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm			Men's group 7-9pm	Woman's group 5:30-7:30	Men's group 7-9pm